



"We all have a personal and meaningful relationship with music. That extends across illness and across a person's life span" Andrei Dandridge-Evancio, Music Therapist at Canmore General Hospital

# Our Valley Our Hospital Our Healthcare

Impact Report for:  
Crossway Music Therapy  
Program

Report Period:  
Sept 2021-May 2022



The Crossway Music Therapy Program in 2021-22 brought the joy and power of music to the 23 permanent residents of the Long-Term Care unit at Canmore General Hospital.

The impact of this year's program has been "big and long-lasting" with residents "uplifted...smiling and laughing throughout the experience....it coaxed out their expressive side, allowing them to relive and retell the stories of their own lives and histories." Adele Folliott, Recreation Therapist, Canmore General Hospital

Thank you for your generous and continued support. Your commitment to this program, helped us ensure that cherished members of our community had an opportunity to participate in music. Music is indescribably powerful; it brings people together, reaching beyond differences in generation, culture, and geography to bond us in celebration and emotion. Music has the power to heal, uplift, and transport us to destinations in time, place, and feelings that we may otherwise be unable to access.

## Working with our donors, volunteers, and Canmore General Hospital to improve the quality of life and foster vibrancy for everyone in our community

We are pleased to share with you the impact of the Crossways Music Therapy Program 2021-22:

- There were approximately 34 music therapy sessions offered between September 2021– May 2022
- Each session was facilitated by Andrei Dandridge-Evancio, Music Therapist
- 8 residents participated sessions offered once per week
- Each session included group work plus a 1:1 interaction with Andrei
- Due to COVID all sessions were offered virtually and supported on the unit by the recreation therapy team in long term care

The recreation therapy team describe the Crossway Music Therapy Program as invaluable and recognize how much it was/is enjoyed by the residents. During music sessions in 2021-22 they observe participants, especially those who are quite low functioning, shift from a deep sleep to fully engaged by singing, smiling, and tapping their feet. Staff also note that long after the music sessions had finished residents continue singing the songs.







“The crossway Music Program changes and enhances Long Term Care as a whole. It makes it feel more like a home. It’s not clinical, it’s a natural, normal environment that we would all have in our homes and that we all tend to take for granted.”  
Katherine Sheel, Long Term Care Manager

## Your Gift is Creating a legacy of joy and improved health

The Canmore and Area Health Care Foundation is a registered charity, separate from the Canmore General Hospital.

Funds raised by the Foundation through the generosity of our donors does not replace base funding through Alberta Health Services but enhance the patient care provided by the hospital through equipment purchases, programs, staff education and improvement of facilities.

We have been a staple of the health community in the Bow Valley area for 20 years and through the generosity of our community we have raised over \$8 million dollars.

Support for hospital programs including Crossway Music Therapy Program contributes to the Foundation’s commitment to assist the Hospital and its staff in providing the best care possible to all residents of the hospital’s service area as well as visitors to our beautiful valley.

**Thank you for your part  
in the continued support  
of healthcare in our  
community.**

## Contact Canmore & Area Health Care Foundation

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